



# food&nutritionservices

NEW ALBANY FLOYD COUNTY CONSOLIDATED SCHOOL CORPORATION

2801 Grant Line Road - New Albany, IN 47150 - (812)542-4703 - [www.NAFCSnutrition.com](http://www.NAFCSnutrition.com)

Dear Parent or Guardian,

Welcome to New Albany Floyd County Consolidated School Corporation (NAFCS) Food & Nutrition department, where good nutrition and learning go hand in hand!

To ensure a smooth start to the new 2018/2019 school year, we've enclosed details regarding our services.

## MEAL COSTS:

| MEAL PRICES<br>2018 – 2019 |                  |              |
|----------------------------|------------------|--------------|
| <i>Students</i>            | <u>Breakfast</u> | <u>Lunch</u> |
| Elementary                 | \$1.75           | \$2.60       |
| Secondary                  | \$1.75           | \$2.70       |
| Reduced-Price              | .30¢             | .40¢         |
| <b>Adults</b>              | \$2.25           | \$3.55       |

In addition to meals, extras and a la carte items are available for purchase at most schools

## MEAL & TEXTBOOK ASSISTANCE:

To apply for "Meal & Textbook Assistance" simply visit our website: [www.NAFCSnutrition.com](http://www.NAFCSnutrition.com).

## MYPAYMENTSPLUS:

All parents are **required** to open and maintain a MyPaymentsPlus account to monitor and manage their child's meal account. Please go to [www.MyPaymentsPlus.com](http://www.MyPaymentsPlus.com) -- accessible 24/7. It is the responsibility of the parents to monitor lunch account balances and have funds available for their child's meal purchases. MyPaymentsPlus allows you to view purchasing history, check fund balances, make payments, and receive low balance notifications. Student ID numbers are needed to create an account. An app for smart phones is also available.

## PAYING FOR MEALS:

Online: Use your MyPaymentsPlus account

Check: Make checks payable to the school cafeteria. Checks must include: student name, student ID number, current address and phone number.

Cash: Send cash in an envelope marked clearly with student name and ID number.

Cash and check deposits must be placed in the locked collection box in the school office or cafeteria by 9:00 am to be available for lunch purchases.

## MENUS:

All information is available at [www.nafcsnutrition.com](http://www.nafcsnutrition.com). You can register to have them automatically emailed to you each month. At NAFCS, breakfast and lunch are both served in all schools. Breakfast is available in all NAFCS Schools 30 minutes prior to the start of school day.

## COMMUNITY ELIGIBILITY PROGRAM (CEP):

Fairmont, Green Valley, and S. Ellen Jones Elementary schools are currently enrolled in CEP. The students enrolled in these schools are eligible to receive free breakfast and lunch daily.

## OFFER vs SERVE:

We are proud to provide a variety of affordable and appealing foods that meet the health and nutrition needs of students. Menus are planned around five components (food groups):

**Protein**



**Grains**



**Vegetables**



**Fruits**



**Dairy- Milk**



We offer **“Five Star Meals”** that utilize a USDA program called "Offer versus Serve" (OVS). While the most nutritious and complete lunch contains all five components, we understand that sometimes your child does not want all the items. OVS allows students to choose only the foods they want to eat to help improve customer satisfaction as well as reduce waste. USDA requires that for a complete meal, your child must select three stars, and at least one star must be a Vegetable or a Fruit.

Breakfast choices include 3 stars and one must be a fruit or vegetable.

## SPECIAL DIET CONCERNS:

If your child has a medical condition requiring dietary restrictions, please complete a “Special Diet Request Form”. Forms must be completed by a licensed physician based on the child’s clinical diagnosis and medical condition which requires dietary modifications. Special Diet Request Forms must be updated at the beginning of each new school year.

Students with Lactose Intolerance or a Non-Life Threatening Milk Allergy can request a substitute by completing a “Fluid-Milk Substitute Request Form.”

All forms can be accessed at our website. Forms must be signed and submitted to the school nurse, who will forward it to the school’s Food & Nutrition Manager. Meal pricing is not affected by dietary modifications.

**MEAL CHARGE POLICY:** Go to [www.NAFCSnutrition.com](http://www.NAFCSnutrition.com) for full details of the “Charge Policy”.

Students must have a positive account balance to purchase meals and a la carte items. Students are expected to pay daily or in advance for all food purchase. We recognize that on rare occasion, students may forget to bring money to school for meals. Charging can be embarrassing to the students. Unpaid debts are disallowed by Federal School Nutrition Program Regulations; accordingly, unpaid debts must be collected and paid to the School Food & Nutrition Program. An “Emergency Meal” is necessary when a student wants a meal but does not have money to pay for it. Please refer to the Meal Charge Policy for details on access to Emergency Meals.

## REFUNDS:

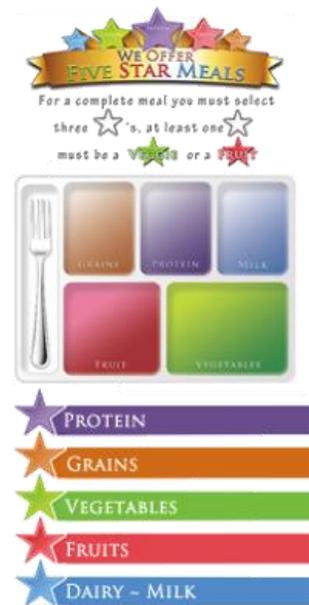
Money will only be refunded from accounts to parents upon written request. Go to [www.NAFCSnutrition.com](http://www.NAFCSnutrition.com) for guidelines. Print the “Refund Meal Account” form and submit to the school Food & Nutrition Manager.

## WELLNESS POLICY:

NAFCS’s Wellness Policy outlines the district’s goals for nutrition standards, nutrition education, physical activity, and other school based activities to help promote student wellness. To read the full details of the policy, go to <http://www.neola.com/nafdc-in/>. Type “wellness” in the search bar and click “Find it!” then select 8510-WELLNESS.

## PRIVACY:

We respect the privacy of our students. All students will be charged the appropriate amount for meals based on Free, Reduced or Full-Pay status. No student will have to identify his or her meal status to the cashier.



*This institution is an equal opportunity provider*