

Checklist for Parents of Preschoolers

The following is a list of developmental tasks that your child should be working on or already accomplished. Over winter break, take one task each day and practice/learn something new. Continue to develop these skills as we enter the New Year!!

	Tell you his/her first and last name
	Verbally spell his/her first name
	Respond to "How old are you?". Learn your birthday.
	Respond to "How are you doing today?"
	Tell your mom's name
	Tell your dad's name
	Name some family members
	Respond to "Where do you live?" (Any identifying location is appropriate. For example, the state, street name, or city)
	Put on and take off coat, hat, and gloves independently (also practice pulling sleeves right side out when needed)
	Put on and take off his/her shoes independently
	Practice using a Kleenex (blowing, wiping, throwing away)
	Practice appropriate sanitizing/washing of hands. Talk about appropriate times these are needed. For example, after use of bathroom, after blowing nose, before eating, etc..
	Practice holding pencil and copying/drawing shapes
	Practice identifying and writing your name
	Participate in finger plays (i.e. "Where is Thumbkin?" or "Ten Little Indians")
	Practice counting. How high can you go? Count items 1 by 1.
	Play "I Spy" using colors
	Read books. Talk about beginning, middle, and end of story.
	Talk about rhyming words. Play rhyming word games.
	Practice naming, finding, writing upper and lower case letters.
	At the end of each day, tell some things you remember from the day! Talk about, Who?, What?, Where?, When?, etc.. Talk about feelings that you had that day. What will you do tomorrow?